

Global Prep Archers Archery Club

What you will learn

- Posture & Stance, Load Arrow, Hook & Grip
- Getting into Set-up
- Angular Draw & Anchor
- Transfer into Holding
- Aiming
- Release & Follow-through

Benefits of Archery:

- Improved hand-eye coordination and balance.
- Hand and finger flexibility.
- Strength building.
- Increases confidence, focus, and patience.
- A social sport and a form of exercise.
- Promotes relaxation and stress relief.

Benefits of Becoming a 4-H member:

- Youth become a part of the largest youth organization in the country.
- Youth can enroll in county sponsored events as well as state wide camps, workshops and events
- Youth automatically receive accidently and supplemental insurance through American Income Life at all of their 4-H events.
- Youth are connected to Michigan State University and have access to different 4-H opportunities through MSU (free or discounted tickets to events on campus for some events, local partnership opportunities through the local MSU Extension office).



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